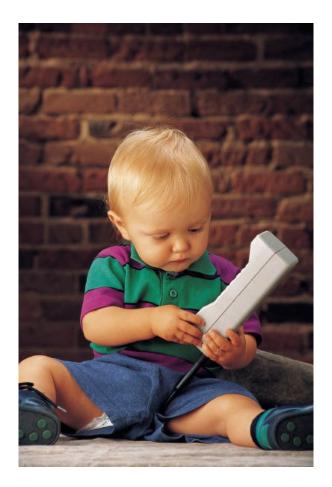
## mart Start for Toddler 12-18 months-old

Getting Ready for School Begins at Birth



Tyrone Area School District Parenting Tips

## Smart Start for Toddlers 12-14 month-old

YOUR 12-14 MONTH—OLD TODDLER	ACTIVITIES
<ul> <li>Physical</li> <li>Begins to walk independently.</li> <li>Rolls a ball back and forth.</li> <li>Eats with fingers.</li> <li>Empties containers of their contents.</li> <li>Uses a fork or spoon.</li> <li>Pushes or pulls toys while walking.</li> </ul>	<ul> <li>Physical Activities</li> <li>Roll ball back and forth.</li> <li>Provide opportunities for your child to use their fork and spoon independently.</li> <li>Provide push/pull toys like a Walk A Long or shopping cart.</li> </ul>
Language  Uses at least two words skillfully (e.g. "hi" or "bye"  Combines words and gestures to make needs known. (e.g. Holds out arms and says "up").  Scribbles with crayons.  Enjoys short periods of reading with adults.  Thinking  Point to body parts when asked	<ul> <li>Language Activities</li> <li>Provide opportunities for scribbling with a variety of mediums—crayons, paint, markers, etc</li> <li>When your toddler says one word repeat what your child says in a full sentence. (e.g. If toddler says "up" you would say "Oh, you want mommy to pick you up!"</li> <li>Thinking Activities</li> <li>Use body part words when bathing. "I'm washing your toes."</li> <li>Play body part pointing games. "Where's mommy's feet? Where's your feet?"</li> </ul>
<ul> <li>Social</li> <li>Imitates others' activities</li> <li>Enjoys gazing at their reflection</li> <li>Holds out arms or legs to help you dress them.</li> <li>Initiates games.</li> </ul>	<ul> <li>Social Activities</li> <li>Play mimicking games.</li> <li>Play toddler initiated games like Pat A Cake.</li> </ul>

## Smart Start for Toddlers 15-18 month-old

YOUR 15-18 MONTH—OLD TODDLER	ACTIVITIES
<ul> <li>Physical</li> <li>Begins to walk backward</li> <li>Runs</li> <li>Climbs on furniture and other objects.</li> <li>Stacks blocks.</li> <li>Takes off one piece of clothing independently.</li> <li>Likes riding toys.</li> <li>Dances to music.</li> <li>Kicks ball forward.</li> </ul>	<ul> <li>Physical Activities</li> <li>Take your child to a community park to run and climb.</li> <li>Be patient as your child begins undressing themselves and not wanting your help.</li> <li>Provide small riding toys.</li> <li>Listen and dance to music together.</li> <li>Kick balls to each other.</li> </ul>
<ul> <li>Language</li> <li>Puts fingers to mouth and says "shh".</li> <li>Adopts "no" as their favorite word.</li> <li>Turns pages of a book.</li> <li>Uses at least 6 words on a regular basis.</li> <li>Speech more clearly.</li> </ul>	<ul> <li>Language Activities</li> <li>Explore books together letting your toddler hold and explore the book.</li> <li>Talk to your child all the time. Sing, whisper, make sounds.</li> </ul>
Thinking  • Begins to understand how to use common objects (e.g. telephone)	Thinking Activities  Provide pretend common objects such as brooms and telephones for your child's exploration.
<ul> <li>Social</li> <li>"Helps" around the house.</li> <li>Has temper tantrums when frustrated.</li> <li>Becomes attached to a soft toy or object.</li> <li>Enjoys pretend games.</li> </ul>	<ul> <li>Social Activities</li> <li>Encourage your child's "help" around the house.</li> <li>Allow your child to take their favorite toy with them shopping, to friends' houses, or childcare.</li> </ul>